



# Milwaukee County Senior Meal Program

## Senior Dining Sites Menu

February 2014

MILW CHRISTIAN CTR, 807 S. 14th St.

PHONE: 645-5350

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2/3/2014	2/4/2014	2/5/2014	2/6/2014	2/7/2014
Boiled Pork w/ mustard greens Steamed Rice Tropical Fruit Cup Cup Cake Calcium-Fortified Juice	Stir Fried Tofu w/ Bok Choy Steamed Rice Tangerine Sugar Cookie Calcium-Fortified Juice	Baked Chicken Cauliflower Steamed Rice Garden Salad w/ dressing Banana Calcium Fortified Juice	Beef Soup with Rice Noodles and Vegetables Broccoli Orange Calcium-Fortified Juice	Baked Fish Papaya Salad Steamed Rice Pear Ice Cream Cup Calcium-Fortified Juice
2/10/2014	2/11/2014	2/12/2014	2/13/2014	2/14/2014
Pork Stir Fry w/ Vegetables Cabbage Steamed Rice Apple Calcium Fortified Juice	Chicken Soup w/ Rice Noodles Mixed Vegetables Chilled Pears Sugar Cookie Calcium Fortified Juice	Boiled Pork w/ Green Beans Steamed Rice Orange Ice Cream Calcium Fortified Juice	Stir Fry Pork w/ Veggies & Mushrooms Steamed Rice Grapefruit Slices Brownie Calcium Fortified Juice	<b>Happy Valentines Day Bring a friend today !</b> Chicken Soup w/ Tofu Green Beans Steamed Rice Banana Apple Pie Calcium Fortified Juice
2/17/2014	2/18/2014	2/19/2014	2/20/2014	2/20/2014
<b>Presidents Day</b> Chicken Stir Fry w/ Vegetables Broccoli Steamed Rice Banana Calcium Fortified Juice	Red Curry Chicken Soup w/ Rice Noodles Cabbage Pineapple Cup Cake Calcium Fortified Juice	Baked Asian Sausages Asparagus Steamed Rice Garden Salad w/ dressing Apple Calcium Fortified Juice	Chicken Soup w/ Rice Noodles Sauteed Mushrooms Sliced Peaches Sandwich Cookies Calcium Fortified Juice	Steamed Pork w/ Cabbage Steamed Rice Carrot Dippers w/ Ranch Fresh Orange Calcium Fortified Juice
2/24/2014	2/25/2014	2/26/2014	2/27/2014	2/28/2014
Baked Pork Chop Green Beans Steamed Rice Garden Salad w/ dressing Grapefruit Slices Calcium Fortified Juice	Beef Stir Fry w/ Vegetables Steamed Rice Tropical Fruit Cup Sugar Cookie Calcium Fortified Juice	Beef Soup w/ Rice Noodles & Vegetables Fresh Pear Brownie Calcium Fortified Juice	Stir Fry Eggs w/ Rice Noodles & Cabbage Apple Sauce Chocolate Cookie Calcium Fortified Juice	Ground Pork w/ Egg & Vegetables Steamed Rice Orange Sugar Cookie Calcium Fortified Juice
				<b>SUGGESTED DONATION \$2.50</b>